

# Five Seasons – Dayton Fall 2009 Calendar and Highlights

- **Fall Tennis Program Open House and Pro Exhibition** – September 26<sup>th</sup> at noon - don't miss this informative and fun event. Learn about our “new and improved” tennis program structured after the USTA Progressive Player Development model and meet our new Junior Tennis Director.
- **OSU Football games** - enjoy Ohio State games on the big 8 foot screen in the Café with “tailgate” specials on wings, nacho’s and more of your favorites.
- **Wii Tournament** – 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month at 5:00 pm; take on your friends in bowling, tennis and other Wii games on the 8 foot big screen.
- **Kid’s Fun Night** – 4<sup>th</sup> Friday of each month from 6 pm to 8 pm; \$5 for each child, \$10 for guests; activities include dinner (chicken finger, fries and drink) and games or movies. Check the website and Enews for more information; **reservations are required.**
- **Fall Family Festival** – September 26<sup>th</sup> – Fun for the whole family including kids activities, games and prizes. Guest are **free** to this event so bring your friends.
- **Fall Health Fair; October 3<sup>rd</sup>** - Club sponsored events including a large number of health and wellness related vendors. **Free** to members and guests.
- **OctoberFest Beer Festival – October 3<sup>rd</sup>** – enjoy beers from around the world. Food and drink specials.
- **Pink Luncheon – October 16<sup>th</sup>** - Support the research for Breast Cancer at the annual “Pink Luncheon”. All proceeds go towards research to cure breast cancer.
- **Business Networking Lunch** – Open to all members and non-members for a fee; Get more business through networking. Lunch not included – purchase own lunch from menu.
- **Tennis Demo Day and Free Clinic** – October 17<sup>th</sup> at 12:00 noon; have fun, win prizes and try out the new racquets for the fall; Free to all members.
- **Kid’s Halloween Party including “Haunted House.”** October 28<sup>th</sup> at 6:30 pm – Come dressed up in your best costume to win prizes. Games and activities will be provided for a great time.
- **Business Lunch seminar series** – begins September 23<sup>rd</sup> at noon – enjoy a great lunch and informative speaker. Speakers topics include wellness and health related issues that can improve your business and employees health.

| September 2009                              |  |  |   |   |  |   |
|---|--|--|---|---|--|---|
| Sunday                                      | Monday   | Tuesday  | Wednesday   | Thursday                                    | Friday   | Saturday  |
| Bengals and/or Browns Football every Sunday |  | 1  | 2   | 3<br>5:30pm Free<br>Fitness Orientation     | 4<br>6-8 PM<br>Social Mixed Dubs   | 5<br>OSU-Navy Game<br>12:00 pm  |
| 6   | 7<br>Labor Day Cookout   | 8<br>Spa – Ready for Homecoming Open House<br>5:30 pm to 7:30 pm | 9   | 10<br>5:30pm Free<br>Fitness Orientation    | 11   | 12  |
| 13<br>NFL Football<br>1:00 pm               | 14<br>BOG Meeting<br>12 noon<br>Registration starts for Spa Makeover | 15<br>Wii Tournament in Café – 5:00 pm                           | 16<br>6pm New Member Mixer                        | 17<br>5:30pm Free<br>Fitness Orientation    | 18<br>6-8 PM<br>Social Mixed Dubs  | 19<br>Member Appreciation Breakfast<br>8am -10am  |
| 20<br>NFL Football<br>1:00 pm               | 21<br>10 am Free Fitness Orientation                                 | 22<br>Business Network Lunch                                     | 23<br>Business Lunch Seminar Series<br>12:00 noon | 24<br>5:30pm Free<br>Fitness Orientation    | 25<br>Kid’s Fun Night<br>6:00 pm – 8:00pm<br>Free Tennis Clinic<br>6:00– 8:00 pm | 26<br><b>Fall Family Festival</b><br>11am – 2 pm<br><b>Fall Tennis Program Open House</b> and Pro Exhibition<br>12 noon |
| 27<br>NFL Football<br>1:00 pm               | 28<br>10 am Free Fitness Orientation                                 | 29   | 30<br>Tennis Luncheon                             | <b>National Cholesterol Awareness Month</b> |  |   |

## October 2009

| Sunday                                      | Monday  | Tuesday   | Wednesday   | Thursday                                 | Friday   | Saturday   |
|---|---|---|---|--|--|--|
| Bengals and/or Browns Football every Sunday | Sign-up now for Kid's Swim Lessons – Starts October 12th              |   |   | 1<br>5:30pm Free<br>Fitness Orientation  | 2<br>6-8 PM<br>Social Mixed Dubs   | 3<br>Health Fair<br>11am – 2 pm<br>OctoberFest Beer Festival                           |
| 4<br>NFL Football<br>1:00 pm                | 5<br>Member Appreciation Breakfast<br>8am -10am                       | 6<br>Wii Tournament in Café – 5:00 pm<br>Spa Fall Makeover Winner Announced | 7   | 8<br>5:30pm Free<br>Fitness Orientation  | 9  | 10<br>Business Lunch Seminar Series<br>12:00 noon                                      |
| 11<br>NFL Football<br>1:00 pm               | 12<br>10 am Free Fitness Orientation<br>Kids Swim Group Lessons Start | 13<br>Business Network Lunch  | 14  | 15<br>5:30pm Free<br>Fitness Orientation | 16<br><b>Pink Lunch (Breast Cancer Awareness)</b> 12 noon<br>6-8 PM<br>Social Mixed Dubs | 17<br>Member Appreciation Breakfast<br>8am -10am<br><b>Tennis Demo Day</b><br>12pm-1pm |
| 18<br>NFL Football<br>1:00 pm               | 19<br>10 am Free Fitness Orientation                                  | 20<br>Wii Tournament in Café – 5:00 pm<br><b>World Osteoporosis Day</b>     | 21<br>Tennis Luncheon<br>6pm New Member Mixer   | 22<br>5:30pm Free<br>Fitness Orientation | 23<br>Kid's Fun Night<br>6:00 pm – 8:00pm<br>Free Tennis Clinic<br>6:00 – 8:00 pm        | 24<br>OSU-Minnesota<br>12:00 pm  |
| 25<br>NFL Football<br>1:00 pm               | 26<br>10 am Free Fitness Orientation                                  | 27<br>Business Network Lunch  | 28<br>Business Lunch Seminar Series<br>12:00 noon<br>Kids Halloween Party<br>6:30pm – 8:30 pm | 29<br>5:30pm Free<br>Fitness Orientation | 30   | 31   |

## November 2009

| Sunday                        | Monday  | Tuesday                                | Wednesday   | Thursday                                 | Friday   | Saturday  |
|-------------------------------|---|--|---|--|--|---|
| 1<br>NFL Football<br>1:00 pm  | 2<br>Member Appreciation Breakfast<br>8am -10am | 3<br>Wii Tournament in Café – 5:00 pm  | 4   | 5<br>5:30pm Free<br>Fitness Orientation  | 6<br>6-8 PM<br>Social Mixed Dubs   | 7<br>OSU-Penn ST. Game                                  |
| 8<br>NFL Football<br>1:00 pm  | 9<br>10 am Free Fitness Orientation             | 10<br>Business Network Lunch           | 11  | 12<br>5:30pm Free<br>Fitness Orientation | 13   | 14<br>Wine Tasting and Dinner Specials                  |
| 15<br>NFL Football<br>1:00 pm | 16<br>10 am Free Fitness Orientation            | 17<br>Wii Tournament in Café – 5:00 pm | 18<br>Business Lunch Seminar Series<br>12:00 noon<br>6pm New Member Mixer | 19<br>5:30pm Free<br>Fitness Orientation | 20<br>6-8 PM<br>Social Mixed Dubs<br>Kid's Fun Night<br>6:00 pm – 8:00pm | 21<br>Family Fun Day<br>Open House<br>OSU-Michigan Game |
| 22<br>NFL Football<br>1:00 pm | 23<br>10 am Free Fitness Orientation            | 24<br>Business Network Lunch           | 25<br>Tennis Luncheon   | 26                                       | 27   | 28  |
| 29<br>NFL Football<br>1:00 pm | 30<br>10 am Free Fitness Orientation            | <b>American Diabetes Month</b>         |   |  |  |   |